By Aspens

Autumn Term 2021



MONDAY Family **Faves**

TUESDAY Authentic Italian

WEDNESDAY Backing British

THURSDAY Food **Festival**

FRIDAY Fun Day

Main **Event**

Curry Steamed Rice and Coconut Green Beans

Butter Chicken

Cheeseburger

Oven Baked Paprika Slaw

Roast Chicken

Roasties. Wedges and Ranch Fresh Vegetables and Gravy

Carbonara

Penne pasta. Garlic Bread and Green Salad

Battered Fish

Chip Shop Curry sauce, Chips and Peas

Vegetarian Section

Butternut & Steamed Rice and Coconut Green Beans

Spicy Bean Burger Chickpea Pasanda Oven Baked Paprika Wedges and Ranch Slaw

Lentil Veggie Loaf Fresh vegetables Tomato gravy

Vegan Bolognaise Penne pasta

Garlic Bread and Green Salad

Quorn Dog

Chip Shop Curry Sauce, Chips and Peas

Packed Lunch

Pick and Mix Deli Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Jacket **Potatoes**

Crispy Skin Jacket Potato with Toppings

The Finale

Peach Melba Tray Bake

Sweet Potato Brownie

Carrot & Pineapple Muffin

Steamed Syrup Sponge and Custard

Yogurt Granola and Peaches

Autumn 2021

By Aspens

Autumn Term 2021



MONDAY Family **Faves**

TUESDAY Authentic Italian

WEDNESDAY Backing British

THURSDAY Food **Festival**

FRIDAY Fun Day

Main **Event**

Chicken Thigh Burger Baked Potato Wedges Rainbow Slaw

Beef Bolognaise Penne Pasta Garlic Bread

Green Salad

Gammon Roasties Fresh Vegetables And Gravy

Honey Roast

Chicken Fajita Tomato Rice Salad Mexican Slaw

Battered Fish Homemade Tartare. Chips and Peas

Vegetarian Section

Crunchy Topped Macaroni Cheese Baked Potato Wedges Apple Slaw

Red Lentil **Bolognaise** Penne Pasta Garlic Slice Green Salad

Frittata Fresh Vegetables Tomato sauce

Potato and Spinach Mixed Bean Fajita Cheesy Baked Bean Tomato Rice Salad Mexican Slaw

Wrap Chips and Peas

Packed Lunch

Pick and Mix Deli Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Jacket **Potatoes**

Crispy Skin Jacket Potato with Toppings

The Finale

Apple & Summer Fruit Crumble

Orange and **Cinnamon Polenta** cake

Mango and **Coconut Slice**

Mexican Chocolate **Pudding**

Frozen Banana **Mousse Pot**

Autumn 2021

FOOD FESTIVAL

By Aspens

Autumn term 2021

WEEKE

MONDAY Family Faves TUESDAY Authentic Italian WEDNESDAY
Backing
British

THURSDAY Food Festival FRIDAY Fun Day

Main Event Sausage Pasta
Bake
Fusilli Pasta
Sweetcorn

Chicken Goujons
New Potatoes
Peas

Roast Pork Loin Roasties, Fresh Vegetables and Gravy Chicken Curry
Steamed Rice
Coconut and
Chickpea Salad

Fish Fingers
Homemade Tartare
Chips and Peas

Vegetarian Section Sheperdess Pie Sweet Potato Mash Sweetcorn Cheese and Tomato
Pasta bake
Fattoush Salad

and Onion Slice
Roasties, Fresh
Vegetables
Tomato Sauce

Smoked Cheese

Rajasthan Watermelon Curry Steamed Rice

Steamed Rice Coconut and Chickpea Salad Vegan Sausage Roll
Chips and Peas

Packed Lunch

Jacket Potatoes

The Finale

Pick and Mix Deli Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit

Crispy Skin Jacket Potato with Toppings

Chocolate
Cornflake Crispy

Tutti Fruity Sponge Oaty Apple Crunch and Custard

Chocolate & Beetroot Cake

Lemon and Sultana Cookie